



# ACE SCHOOL OF SLEEP MEDICINE

8th International Sleep Update 2024  
10th & 11th February 2024,  
Pride Plaza Aerocity New Delhi India

## SCIENTIFIC PROGRAM-10th February 2024

**1** DAY

Time	Topic	Speaker
• 9:30am-10:00am	REGISTRATION	
• 10:00am-10:15am	Welcome Address & Intro	Dr. Manvir Bhatia
• 10:15am-11:30am	<b>Symposia-1 OSA &amp; Metabolic Syndrome</b>	
• 10:15am-10:45am	Neuroendocrine Control of Feeding and Appetite	Dr. HN Mallick
• 10:45am-11:15am	Pharmacotherapy in Obesity Management	Dr. Saraswathi Devi Muppana
• 11:15am-11:35am	Panel Discussion	Dr. Anoop Misra / Dr. Saraswathi Devi Muppanana
• 11:35am-11:45am	TEA/COFFEE BREAK	
• 11:45am-1:00pm	<b>Symposia-2 Insomnia and Sleep Disruptors</b>	
• 11:45am-12:30pm	Reshaping Insomnia Management	Dr. Preeti Devnani
• 12:30pm-1:00pm	Video Session- Challenges in Sleep Clinic	Dr. Manjari Tripathi
• 1:00pm-2:00pm	Young Investigator Forum	Coordinator Dr. Ravi Gupta
• 2:00pm-3:00pm	LUNCH	
• 3:00pm-5:00pm	<b>Symposia-3 Sleep &amp; Neurology</b>	
• 3:00pm-3:30pm	Narcolepsy-The Path Forward	Dr. Manvir Bhatia
• 3:30pm-4:00pm	Sleep Apnoea and Brain Ageing	Dr. Ravi Gupta
• 4:00pm-4:30pm	Strategies in RLS & RBD Management-Case Discussions	Dr. Manvir Bhatia
• 4:30pm-5:00pm	Pearls of PSG	Dr. Preeti Devnani
• 5:00pm-5:30pm	Hook Up	Dr. Preeti Devnani

### CLOSING WITH TEA



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## SCIENTIFIC PROGRAM-11th February 2024

**2** DAY

### Time

### Topic

### Speaker

• 9:00am-9:30am

REGISTRATION & TEA

• 9:30am-11:30am

### Symposia-4 Sleep Physiology and Circadian Challenges

• 9:30am-9:45am

Welcome & Recap of Day-1

Dr. Manvir Bhatia

• 9:45am-10:15am

Network of Sleep Physiology and Pathology

Dr. Rober Thomas

• 10:15am-10:45am

The Sleepy adolescent and circadian challenges

Dr. Ravi Gupta

• 10:45am-11:15am

Paediatric Sleep Medicine Cases-  
Delayed Sleep Phase, OSA & ADHD

Dr. Preeti Devnani /  
Dr. Manvir Bhatia

• 11:15am-11:30am

TEA/COFFEE BREAK

• 11:30am-2:00pm

### Symposia-5 Integrative Sleep Clinic

• 11:30am-12:30pm

• Role of ENT in Management of OSA

Dr. Sandeep Bansal

• DISE and it's role for medical and surgical management of OSA

• Surgical Management for OSA -  
Brief Overview

• Q&A

• 12:30pm-1:00pm

Obesity Hypoventilation and OSA-  
Challenges in Pulmonary Clinic

Dr. GC Khilnani

• 1:00pm-1:30pm

Integrating Advanced PAP Modalities

Dr. Deepak Shrivastava

• 1:30pm-2:00pm

Essentials of a Successful  
Sleep Medicine Clinic

Dr. Manvir Bhatia

• 2:00pm -2:15pm

**VOTE OF THANKS AND CLOSING CEREMONY**

• 2:15pm -2:30pm

**LUNCH**



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