



World Sleep Academy

First course begins September 1, 2022

ACCESSIBLE SLEEP TRAINING AROUND THE WORLD

Sleep is a pillar of human health and wellbeing. World Sleep Society has created an **online educational program for health care professionals** who have received little specialized training in sleep.

Our Learners

- Nurses
- Technologists
- Family physicians
- Psychologists
- Nursing assistants
- Allied health professionals

Example Topics

- Technology of sleep
- Obstructive sleep apnea
- Hypersomnia
- Insomnia
- Behavioral interventions
- Circadian disorders
- Pharmacology of sleep
- PSG scoring
- Starting a sleep center



Scholarships and payment plans available. World Sleep Academy is a program of World Sleep Society, a non-profit organization dedicated to advancing sleep health worldwide. Learn more at worldsleepsociety.org/wsa