



MENTORING & TRAINING SLEEP RESEARCH LEADERS

## MENTEE APPLICATION

**Is your objective to make a career in the field of sleep medicine and research?** Apply as a Mentee/Trainee in the International Sleep Research Training Program by **January 15, 2021** to be a member of the **Class of 2022**.

### ELIGIBILITY CRITERIA:

- o Education requirement: PhD, MD, or equivalent degree
- o Communication skills: 20-minute English intake interview
- o Funding: Copy of funding letter or evidence of funding OR provisional status until letter of funding received \* *Disclaimer: If funding is not received, individual is unable to continue program*
- o Availability to commit to a one-year program (July 1, 2021 to June 30, 2022)
- o Active standing as a member of World Sleep Society. To become a member visit [worldsleepsociety.org/join](https://www.worldsleepsociety.org/join).

### MENTEE APPLICATION PROCESS

#### HOW TO BECOME A MENTEE/TRAINEE IN THE CLASS OF 2022

To apply as a Mentee/Trainee in the program, applicants must first complete a communication skills/English intake interview, conducted by World Sleep Society. During this interview, the Mentee/Trainee must cover the motivation behind application, as well as prior research experience. Additionally, the following criteria must be met:

- o Education requirement: PhD, MD, or equivalent degree
- o Completed application
- o A personal statement detailing plans for research and how to develop sleep research in country of origin (max 500 words)
- o Biosketch
- o Letter of support from home mentor related to academic performance
- o Letter of support from home institution
- o Letter of support from members of home institution who are active in research
- o Copy of funding letter or evidence of funding OR provisional status until letter of funding received

#### APPLICATION DEADLINE FOR CLASS OF 2022: JANUARY 15, 2021

Applications will be accepted by email only and should arrive no later than **January 15, 2021**.

All submissions will receive a confirmation email within 3 business days.

To apply for the ISRTP program and for more information visit [worldsleepsociety.org/isrtp](https://www.worldsleepsociety.org/isrtp).

**2022 APPLICATION DEADLINE: JANUARY 15, 2021**

# MENTEE APPLICATION - STEP A

## CONTACT INFORMATION

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

MD, PhD, or Equivalent Degree \_\_\_\_\_

Specialty/Sleep Research Area \_\_\_\_\_

Personal Email \_\_\_\_\_ Work Email \_\_\_\_\_

Academic Institution \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Country/Province \_\_\_\_\_

Cell Phone \_\_\_\_\_

# MENTEE APPLICATION - STEP B

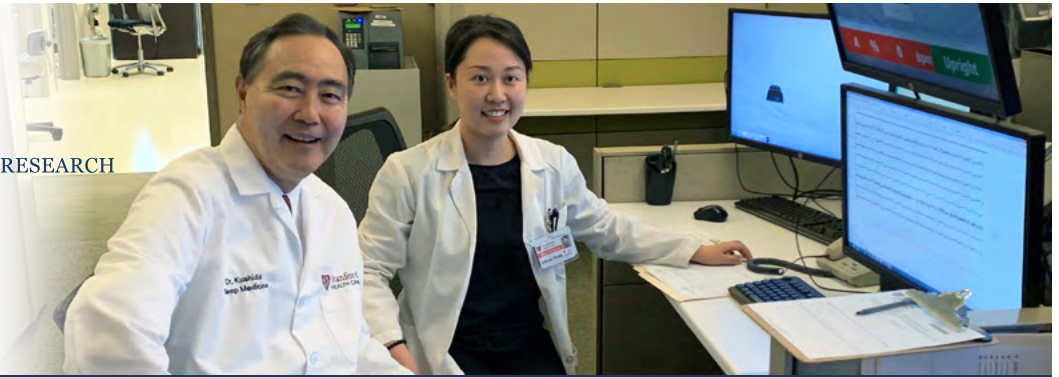
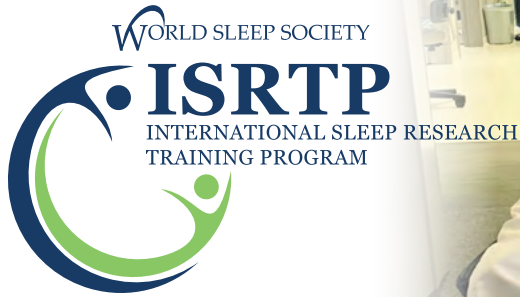
## IS RTP SITE PREFERENCE \*

- CHARITÉ UNIVERSITY HOSPITAL BERLIN**  
Sleep Medicine Center  
Berlin | Germany  
Website: [charite.de/en](http://charite.de/en)
- FLINDERS UNIVERSITY**  
Adelaide Institute for Sleep Health  
Adelaide | Australia  
Website: [flinders.edu.au/adelaide-institute-sleep-health](http://flinders.edu.au/adelaide-institute-sleep-health)
- HARVARD UNIVERSITY**  
Division of Sleep Medicine at Harvard Medical School  
Boston, MA | United States  
Website: [sleep.med.harvard.edu](http://sleep.med.harvard.edu)
- MEDICAL UNIVERSITY OF INNSBRUCK**  
Department of Neurology & Neurosurgery  
Innsbruck | Austria  
Website: [i-med.ac.at/neurologie](http://i-med.ac.at/neurologie)
- PEKING UNIVERSITY PEOPLE'S HOSPITAL**  
PKUPH Sleep Center  
Beijing | China  
Website: [english.pkuph.cn](http://english.pkuph.cn)
- STANFORD UNIVERSITY**  
Division of Sleep Medicine  
Redwood City, CA | United States  
Website: [med.stanford.edu/sleepdivision](http://med.stanford.edu/sleepdivision)
- UNIVERSITY OF OXFORD**  
Sleep and Circadian Neuroscience Institute  
Oxford | United Kingdom  
Website: [ndcn.ox.ac.uk/research/experimental-and-clinical-sleep-medicine-group](http://ndcn.ox.ac.uk/research/experimental-and-clinical-sleep-medicine-group)
- UNIVERSITY OF PENNSYLVANIA**  
Center for Sleep & Circadian Neurobiology  
Philadelphia, PA | United States  
Website: [med.upenn.edu/sleepctr](http://med.upenn.edu/sleepctr)
- UNIVERSITY OF SYDNEY**  
Woolcock Institute of Medical Research  
Sydney | Australia  
Website: [woolcock.org.au](http://woolcock.org.au)
- UNIVERSITY OF TSUKUBA**  
International Institute for Integrative Sleep Medicine (IIIS)  
Ibaraki | Japan  
Website: [wpi-iiis.tsukuba.ac.jp](http://wpi-iiis.tsukuba.ac.jp)

\* Please indicate your IS RTP Site Preference. Acceptance to the program is conditional on being accepted by both a site and a Mentor at the site. Matching you to your desired site is based on availability of site resources and if a Mentor in your area of research interest is available and accepts you as his/her Mentee. If not, you will be offered other sites and Mentors who accept you as a Mentee.



**2022 APPLICATION DEADLINE: JANUARY 15, 2021**



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## MENTEE APPLICATION - STEP C

### ATTACHMENTS

Each application must include the following attachments. Please attach the following with your completed application email:

- o Personal statement detailing plans for research and how to develop sleep research in country of origin. All personal statements should be attached as a Word Document or PDF, should be no longer than 500 words and answer the following questions:
  1. What is your background and experience in your research area(s)?
  2. Why do you want to be a Mentee in the IS RTP and what do you hope to accomplish through this program?
  3. What would you like to research within the scope of this Mentorship and why are you interested in being matched to the host university you selected?
  4. What potential contribution can you provide to your host Mentor and/or Site?
  5. How do you hope this Mentorship will further/advance your training and how do you plan to further your training after you finish the program?
  6. How will you develop sleep research and medicine in your home country?
- o Biosketch (NIH offers a blank template to complete if unavailable: [grants.nih.gov/grants/forms/biosketch.htm](https://grants.nih.gov/grants/forms/biosketch.htm))
- o Letter of support from home mentor related to academic performance, with comment on trainee's current percentage of research, education and clinical time
- o Letter of support from home institution
- o Letter of support from two members of home institution who are active in research
- o Copy of funding letter or evidence of funding OR provisional status until letter of funding received

Send completed application by email to [info@worldsleepsociety.org](mailto:info@worldsleepsociety.org).

#### APPLICATION DEADLINE FOR CLASS OF 2022:

January 15, 2021

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For more information visit [worldsleepsociety.org/isrtp](https://worldsleepsociety.org/isrtp).



*"I am a board-certified anesthesiologist and sleep specialist working in one of the main teaching hospitals of Tehran University in Iran. I had been a Post-Doctoral Researcher in division of sleep medicine, University of Chicago and Neuroanesthesia lab of UCSF.*

*I am excited to join IS RTP to connect to major academic institutions to fulfill my dream to grow as a mentor and research leader in the field of sleep medicine."*

**- Leila Emami, MD (Iran) | Inaugural Sleep Research Trainee Class of 2020**

