



4th International Sleep Update 2020

22nd & 23rd February 2020
Hotel Le-Meridien, Windsor Place
Janpath, New Delhi 110001



Dr. Diego García-Borreguero
Madrid, Spain



Dr. Manvir Bhatia
New Delhi, India



Dr. Preeti Devnani
Abu Dhabi, UAE



Dr. Manjari Tripathi
New Delhi, India



Dr. Ravi Gupta
Dehradun, India

Conference Secretariat

VATSALA

Address : L-23, Hauz Khas Enclave, Delhi - 110016

Phone : 9910662110 | E-mail : info.assm@gmail.com/neurologysleepcentre3@gmail.com

Website: www.assm.in



Target Audience

Residents, Fellows and Physicians in:
Physiology, Pulmonology, Neurology,
Psychiatry, ENT & General Medicine

Highlights

- Circadian Challenges in Sleep
- Personalized Sleep Apnea Management
- Long-term Management of Insomnia in Clinical Practice
- Case Discussions
- Current Updates on Sleep Medicine
- Workshops on : Scoring, Titration, Ideal CPAP clinic, Movement in Sleep