



MENTORING & TRAINING SLEEP RESEARCH LEADERS

MENTEE APPLICATION

IS YOUR OBJECTIVE TO MAKE A CAREER IN THE FIELD OF SLEEP MEDICINE AND RESEARCH? Apply to be a member of the ISRTP's inaugural Class of 2020. As a Mentee/Trainee, you have the opportunity to learn from leaders in the sleep medicine field.

ELIGIBILITY CRITERIA:

- o Education requirement: PhD, MD, or equivalent degree
- o Communication skills: 20-minute English intake interview
- o Funding: Copy of funding letter or evidence of funding OR provisional status until letter of funding received * *Disclaimer: If funding is not received, individual is unable to continue program*
- o Availability to commit to a one-year program (July 1, 2019 to June 30, 2020)
- o Active standing as a member of World Sleep Society. To become a member visit worldsleepsociety.org/join.

HOW TO BECOME A MENTEE/TRAINEE IN THE INAUGURAL CLASS OF 2020

To apply as a Mentee/Trainee in the program, applicants must first complete a Communication Skills/English intake interview, conducted by World Sleep Society. During this interview, the Mentee/Trainee must cover the motivation behind application as well as prior research experience. Additionally, the following criteria must be met:

- o Education requirement: PhD, MD, or equivalent degree
- o Completed application (see next 2 pages)
- o A Personal statement detailing plans for research and how to develop sleep research in country of origin (max 500 words)
- o Biosketch
- o Letter of support from home mentor related to academic performance
- o Letter of support from home institution
- o Letter of support from members of home institution who are active in research
- o Copy of funding letter or evidence of funding OR provisional status until letter of funding received

Please send your application by email to Allan O'Bryan at info@worldsleepsociety.org.

APPLICATION DEADLINE FOR CLASS OF 2020: March 1, 2019
Applications will be accepted by email only and should arrive no later than March 1, 2019. All submissions will receive a confirmation email within 3 business days.

For more information visit worldsleepsociety.org/ISRTP.



This educational initiative is supported by Philips Resironics.





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STEP A - CONTACT INFORMATION

First Name _____ Last Name _____

MD, PhD, or Equivalent Degree _____

Specialty/Sleep Research Area _____

Personal Email _____ Work Email _____

Academic Institution _____

Address _____

City _____ State _____ Zip Code _____

Country/Province _____

Cell Phone _____

STEP B - ISRTP SITE PREFERENCE *

HARVARD UNIVERSITY
Division of Sleep Medicine at Harvard Medical School
Boston, MA | United States
Website: sleep.med.harvard.edu/

STANFORD UNIVERSITY
Division of Sleep Medicine
Redwood City, CA | United States
Website: med.stanford.edu/sleepdivision

UNIVERSITY OF OXFORD
Sleep and Circadian Neuroscience Institute
Oxford | United Kingdom
Website: ndcn.ox.ac.uk/research/sleep-circadian-neuroscience-institute

UNIVERSITY OF PENNSYLVANIA
Center for Sleep & Circadian Neurobiology
Philadelphia, PA | United States
Website: med.upenn.edu/sleepctr

UNIVERSITY OF SYDNEY
Woolcock Institute of Medical Research
Sydney | Australia
Website: woolcock.org.au

* Please indicate your ISRTP Site Preference. Acceptance to the program is conditional on being accepted by both a site and a mentor at the site. Matching you to your desired site is based on availability of site resources and if a mentor in your area of research interest is available and accepts you as his/her mentee. If not, you will be offered other sites and mentors who accept you as a mentee.

2019 APPLICATION DEADLINE: MARCH 1, 2019

FOR MORE INFORMATION VISIT WORLDSSLEEPSOCIETY.ORG/ISRTP



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STEP C - ATTACHMENTS

Each application must include the following attachments. Please attach the following with your completed application email:

- o Personal statement detailing plans for research and how to develop sleep research in country of origin. All personal statements should be attached as a Word Document or PDF, should be no longer than 500 words and answer the following questions:
 1. What is your background and experience in your research area(s)?
 2. Why do you want to be a Mentee in the ISRTP and what do you hope to accomplish through this program?
 3. What would you like to research within the scope of this Mentorship and why are you interested in being matched to the host university you selected?
 4. What potential contribution can you provide to your host Mentor and/or Site?
 5. How do you hope this Mentorship will further/advance your training and how do you plan to further your training after you finish the program?
 6. How will you develop sleep research and medicine in your home country?
- o Biosketch (NIH offers a blank template to complete if unavailable: <https://grants.nih.gov/grants/forms/biosketch.htm>)
- o Letter of support from home mentor related to academic performance, with comment on trainee's current percentage of research, education and clinical time
- o Letter of support from home institution
- o Letter of support from two members of home institution who are active in research
- o Copy of funding letter or evidence of funding OR provisional status until letter of funding received

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